Behaviors of Blacks and the Health of the Nation

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Social Structure and the Health

Health behaviors appear to exist determinants of death rates.
### Table 1: The Smoking Habits of Black Women

<table>
<thead>
<tr>
<th>Cause of Death</th>
<th>Risk Factors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cardiovascular disease</td>
<td>Smoking, high blood pressure, diabetes, obesity, stress, alcohol use, poor nutrition, inactivity, mental health issues</td>
</tr>
<tr>
<td>Cancers</td>
<td>Smoking, obesity, alcohol use, diet, occupational hazards, hormonal changes, genetic factors</td>
</tr>
<tr>
<td>Diabetes</td>
<td>Smoking, obesity, genetic predisposition, physical inactivity, poor nutrition</td>
</tr>
<tr>
<td>Hypertension</td>
<td>Smoking, obesity, hypertension, family history, stress, diet</td>
</tr>
</tbody>
</table>

#### Risk Factors
- Smoking
- Drinking
- Poor nutrition
- Physical inactivity
- Mental health issues

#### Other Risk Factors
- Obesity
- Diabetes
- Hypertension
- Family history of chronic diseases

### Social Structure and Health Behaviors of Blacks

Social structure creates essential conditions and working environments that shape people's lifestyle and health behaviors. This pattern occurs psychologically, psychologically, and socially, and is linked to the health status of the individual and the group. In order to reduce smoking, it is very important to understand the factors that influence smoking behavior among Black women. Understanding the social factors that influence smoking behavior allows for targeted interventions to reduce smoking rates among Black women.

#### Smoking and Health

- Smoking is a leading cause of chronic disease and premature death among Black women.
- Smoking is associated with higher rates of lung cancer, cardiovascular disease, and respiratory illness.
- Smoking is linked to lower birthweight and increased risk of preterm birth among Black women.

#### Tobacco Use and Social Determinants

- Tobacco use is influenced by social, economic, and cultural factors.
- Black women are more likely to smoke than White women.
- Smoking rates among Black women are highest in the southern United States.

#### Public Health Interventions

- Public health campaigns can be effective in reducing smoking rates among Black women.
- Community-based interventions can be tailored to address the specific needs of Black women.
-政策和法律的制定可以应对烟草使用对社会结构的影响，提高公众健康水平。
CONCEPTOS

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